

LET GO OF THE LIES THAT MAKE YOU WEAK

Two tiny words, five little letters, but put them together and their power is unlimited, they are the words: _____.

Dr. Aaron Beck: The data I developed led inescapably to the conclusion that how we think determines to a large extent whether we will succeed and enjoy life – or even survive.

The enemy wants you to repeat the lies he puts in your head: I'm all alone. I'm too weak. I don't have what it takes. There's nothing I can do.

Believe those lies and you will be defeated before the battle begins.

But if you want to overcome, you better think like an overcomer.

If you want to be victorious, you better think like a champion.

If you want to be more like Jesus, you better stop thinking like a _____, and you'd better start thinking like Jesus.

John 16.33: In this world you will have trouble; but take heart, for I have overcome the world.

When we meet Gideon, he is a little man, living a little life, frightened, overwhelmed and feeling powerless.

But God has big plans for him.

Judges 6.14: (God to Gideon) Go in the strength you have and save Israel out of Midian's hand.

Judges 6.15: (Gideon to God) How can I save Israel? My clan is the weakest in Manasseh, and I am the least in my family.

Paraphrased Gideon tells God: I can't because I'm _____.

Instead of believing "I'm not" and "I can't" and "I could never" and other lies that make us weak, we need to take hold of the following truths:

1. GOD IS _____.

Judges 6.12: The angel of the Lord appeared to Gideon and said, "The Lord is with you, Mighty Warrior!"

Judges 6.13: If the Lord is with us, why has all this happened to us?

God does not give Gideon an answer to his question.

Instead, he gives Gideon a _____.

Judges 6.16: The Lord said to him, "I will be with you, and you will defeat the Midianites."

When we are struggling and overwhelmed, very seldom does God give us a “reason why” and that’s ok.

“Reasons Why” do not bring hope or strength or life, but the promises of God do.

Deuteronomy 31.8: The Lord himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged.

Isaiah 41.10: Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.

Matthew 28.20: Surely I am with you always, to the very end of the age.

2. I AM _____ THAN I KNOW.

We all have a mental self-image that controls what we do and limits what we will attempt.

Often we fail to do what God calls us to do because our mental image tells us “I’m not the kind of person who could do that.”

Judges 6.15: But, Lord, how can I save Israel? My clan is the weakest in Manasseh and I am the least in my family.

Judges 6.14: Go in the strength you have and save Israel out of Midian’s hand.

Judges 6.12: The angel of the Lord appeared to Gideon and said, “The Lord is with you, Mighty Warrior.”

Stop telling God who you’re not and start believing who God says you are.

1 Samuel 17.34-36: When a lion or a bear came and carried off a sheep, I went after it, struck it and rescued the sheep. Your servant has killed both the lion and the bear, and this Philistine will be like one of them.

Philippians 4.13: I can do all things through Christ who strengthens me.

3. MY GOD WILL _____ FOR ME.

Judges 7.2: The Lord said to Gideon, “The people with you are too many. If I let all of you fight the Midianites, the Israelites will boast to me that they saved themselves by their own strength.

The strength Gideon needed was enough strength to trust God, face his fears, and be_____.

Gideon began as a small man living a little life, imprisoned by two tiny words: I can’t.

He became a mighty man of God who delivered his people and changed his world when instead of looking at himself and saying, “I can’t,” he looked at his God and said, “With his power, I can.”

Honduras Mission Trip: March 24-27/Emmaus

The Woodlands Methodist Church

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